



## Guidance for your upcoming appointment

Working within the healthcare profession, your safety and wellbeing are paramount to us, and we would like to advise you of some of the extra precautions we have taken in line with government guidance, to ensure our patients and staff are protected. We hope this will reduce any anxieties in returning to your dentist.

### *Before your appointment*

We kindly ask you attend your appointment alone, with the exception of children and vulnerable adults. Please try not to arrive too early to your appointment, as we have limited seats in our reception area to allow for social distancing measures. We would recommend arriving a maximum of 5 minutes early. Our door is now open so please come to our reception on arrival, and use the hand sanitiser provided at the entrance. If yourself or any members of your household have any symptoms of COVID-19, or have been advised to isolate, please return home immediately and contact the practice via phone.

### *Once inside the practice*

If you have a face mask or covering, we ask you to wear it to your appointment, in line with government guidance, unless you have an exemption.

### *After your appointment*

We would advise using alcohol hand sanitiser once again when leaving the surgery. If you require a follow up appointment our reception team can arrange this at the reception desk, or can contact you by phone once you are back home to organise this.

### *Opening hours*

We are now open from 8am until 5:30pm, and have our dentists and staff working at staggered times.

If you happen to cough or sneeze whilst inside the practice, please adhere to the governments **catch it, kill it, bin it** advice. We will ensure tissues and hand sanitiser is available throughout the practice for your convenience.

Kind Regards,

Montpelier Dental Care

